# Currituck Grown

## Local Foods Newsletter



#### August 2013

#### PLEASE SHARE THIS NEWSLETTER

The Local Foods Newsletter is published to provide you with the source of fresh local agriculture commodities that are produced by small farm growers in Currituck County.

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Currituck Roadside Markets are now open for the summer season. The roadside markets carry a wide variety of seasonal local fresh fruits and vegetables.

#### **Currituck Roadside Markets**

Grandy Greenhouse & Farm Market, Grandy Morris Farm Market, Barco Newbern Farm Market, Jarvisburg Powell's Roadside Market, Sligo Tar Heel Produce, Jarvisburg The Farm Market, Powells Point Seaside Farm Market, Corolla



Support Currituck County's direct marketers and local growers (red).

Muscadine Grapes (Late August) Soundside Pick-Your-Own Grapes, Grandy, 252-453-8276 Martin's Orchard and Vineyards, Knotts Island, 252-429-3542

#### Tomatoes

Andy Newbern, Jarvisburg, 252-202-1578

#### Fresh Eggs

The Egg Place, Maple, 252-453-4850 The Brumsey Farm, Currituck, 252-202-3790 The Chicken Lady, Powells Point, 252-202-3796 Diedrich Farms, Moyock, 252-207-4096

#### **Seasonal Fruits & Vegetables**

George Weaver, vegetables, Powells Point, 252-619-6792 The Farm Market, fruits and vegetables, Powells Point, 252-491-2181 Coinjock Creek Farms, fruits and vegetables, Maple, 252-267-1691 Martin Orchard & Vineyards, fruit, Knotts Island, 252–429-3542 Andy Newbern, fruits and vegetables, Jarvisburg, 252-202-1578









To sign up for this newsletter call 232-2262 or email donna\_keene@ncsu.edu

For additional information on any of the contents of this newsletter call or e-mail Tommy Grandy, 252-232-2262, or tommy\_grandy@ncsu.edu

Tommy R. Grandy Extension Agent, Agriculture

#### MISSION, VISION AND GOALS

North Carolina Cooperative Extension partners with communities to deliver education and technology that enrich the lives, land and economy of North Carolina.

For accommodations for persons with disabilities, contact the Currituck County Center at 252-232-2262 no later than five business days prior to the event.

NC Cooperative Extension Currituck County Center 120 Community Way Barco, NC 27917

#### ADDRESS SERVICE REQUESTED

### Currituck Small Farm Growers' Profile

#### Dennis and Andy Newbern

Dennis and Andy Newbern are fourth generation farmers on their family farm located at 7026 Caratoke Highway in Jarvisburg, North Carolina. For over 35 years, Andy, Dennis and their families have grown local, fresh fruits and vegetables on their farm. They sell their produce directly to the public at the farm, and sell wholesale to retail roadside markets in the area. During earlier years, they grew vegetables using the conventional row methods. In 1997, realizing the importance of irrigation to enhance crop performance, they began using the plastic culture system for growing produce. With plastic culture, the row is covered with plastic, plants are transplanted through a hole in the plastic, and a water line is placed under the plastic to maintain consistent soil moisture for the plants. Andy and Dennis Newbern grow many varieties of seasonal fresh produce. They are recognized for growing sweet corn, tomatoes, cantaloupes and seedless watermelons in the summer, cabbage, broccoli and collards in the fall and strawberries in the spring. Call 252-202-1578 for what is in season. Thanks for being Currituck County local foods growers.

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