Living Well with dementia Discover Person Centered Care

PURPOSE: This workshop will enable attendees to increase their knowledge of person centered care and how it improves the quality of life for both the person living with dementia and the their support team.

OBJECTIVES: Upon completion of this workshop participants will be able to:

- Discuss and understand both the benefits and barriers to person centered care.
- Know the steps necessary in constructing a person centered plan
- Create Greater Awareness of supports and programs for people living with dementia and their families and communities
- Define the benefits of Arts based programming for people living with dementia

TARGET AUDIENCE: Folks in our community who provide support and care for people living with dementia who comprise "The Team" necessary to provide a comprehensive continuum of care for people living with dementia and their family members.

FACULTY: Alida Loinaz, OTR, CDP, CADDCT, PhD (c) Registered Occupational Therapist, Dementia Care Practitioner and Trainer Gerontology PhD Candidate - University of Maryland Baltimore.

Did you know that these services are dementia capable?

Dementia Services Roundtable

Cathy Pfendler RN OBX Hospital

Kimberly Williams, MSW, LCSW GAST Director Trillium Health Resources

Linda Windley, MS, QPMH, LRT/ CTRS Trillium Health Resources

Jackie Butcher RN Community Homecare and Hospice

Chad Holloman Vice President/City Executive State Employees Credit Union Banking

Olivia Jones Extension Agent, Family and Consumer Sciences Cooperative Extension

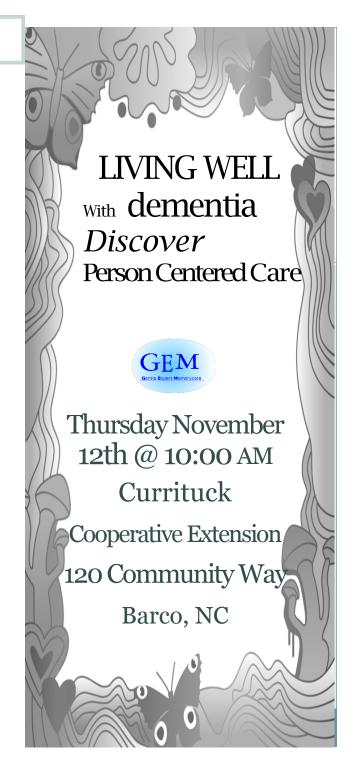
Bethany McKinney, DPT,CWS
Therapy Manager Summit
Services

Gail Sonnesso, MS, Qualified Dementia Care Specialist GEM Day Services, Inc.

> Angelo Sonnesso, MA, MS Music Therapist

> > And more!

 \overline{G} entle \overline{E} xpert \overline{M} emorycare



Registration Frist Name: _____ Last Name:_____ Participants Name; Address: Phone: Email: *********** Complimentary Senior GEMS DVD to the first 25 people to register! \$20.00 (if received by Oct 15, 2015) \$10.00 for Person living w/Dementia \$25.00 after October 15th Make Checks payable to: **GEM Day Services, Inc.** PO BOX 3601 Kill Devil Hills NC 27948 I would like to bring my family member and take advantage of the on-site respite care:____ I will have my cell phone—the number is: Anything important that we should know about your loved one?_____

Five easy steps for Person Centered Care

Learn these steps to Person Centered Care!

First: Understand Dementia

Second: Know the Person

Third: Design the Program

Fourth: Map the Action Plan

Fifth: Know how to Engage

Discipline/ Roles:

Person Living with Dementia: _

Family Caregiver: _

Community Friend: _

Church Outreach: _

Student:_

Speech Therapist: _

Physical Therapist:_

Occupational Therapist:_

Recreational Therapist:_

Public Health:

Social Work:

Nursing:

Homecare Worker:

Senior Center:

Senior Tar Heel Rep: _

Schedule GEN



9:30 –10:00 REGISTRATATION

10:00 Welcome

Olivia Jones

10:15 11:30 What is Dementia?

Alida Lionaz Weston

11:30—12:15 Roundtable of Services

and Programs

12:15—1:00 Lunch –visit

roundtable services

1:00 –2:00 Person Centered Care

and the Arts - Alida

Lionaz Weston

2:00—2:30 The Arts – Overview

Chris Sawin, Angelo Sonnesso & Gail

Sonnesso

2:30 - 2:45 Art Project – provid-

ed by the Dare Coun-

ty Arts Council

2:45- 3:00 Complete art project

Fill out evaluations

Thank you for coming!

Living Well with dementia *Discover* Person Centered Care!

