

# Living Well with dementia *Discover* Person Centered Care

**PURPOSE:** This workshop will enable attendees to increase their knowledge of person centered care and how it improves the quality of life for both the person living with dementia and the their support team.

**OBJECTIVES:** Upon completion of this workshop participants will be able to:

- **Discuss and understand** both the benefits and barriers to person centered care.
- **Know the steps** necessary in constructing a person centered plan
- **Create Greater Awareness** of supports and programs for people living with dementia and their families and communities
- **Define the benefits** of Arts based programming for people living with dementia

**TARGET AUDIENCE:** Folks in our community who provide support and care for people living with dementia who comprise "The Team" necessary to provide a comprehensive continuum of care for people living with dementia and their family members.

**FACULTY:** **Alida Loinaz, OTR, CDP, CADDCT,** PhD (c) Registered Occupational Therapist , Dementia Care Practitioner and Trainer Gerontology PhD Candidate - University of Maryland Baltimore.

## Did you know that these services are dementia capable ?

### Dementia Services Roundtable

Cathy Pfendler RN  
OBX Hospital

Kimberly Williams, MSW, LCSW  
GAST Director Trillium Health Resources

Linda Windley, MS, QPMH, LRT/  
CTRS Trillium Health Resources

Jackie Butcher RN  
Community Homecare and Hospice

Chad Holloman  
Vice President/City Executive State  
Employees Credit Union Banking

Olivia Jones  
Extension Agent, Family and  
Consumer Sciences Cooperative  
Extension

Bethany McKinney, DPT,CWS  
Therapy Manager Summit  
Services

Gail Sonnesso, MS,  
Qualified Dementia Care Specialist  
GEM Day Services, Inc.

Angelo Sonnesso, MA, MS  
Music Therapist

And more!

Gentle *Expert Memorycare*

A decorative border surrounds the text, featuring stylized butterflies and trees in shades of gray and blue.

# LIVING WELL With dementia *Discover* Person Centered Care

The logo for Gentle Expert Memorycare (GEM) is a blue oval with the letters "GEM" in white and "Gentle Expert Memorycare" in smaller text below it.

Thursday November  
12th @ 10:00 AM  
Currituck  
Cooperative Extension  
120 Community Way  
Barco, NC

## Registration

Frist Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Participants Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

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Complimentary Senior GEMS DVD

to the first 25 people to register!

\_\_\_ \$20.00 (if received by Oct 15, 2015)

\_\_\_ \$10.00 for Person living w/Dementia

\_\_\_ \$25.00 after October 15th

Make Checks payable to:

**GEM Day Services, Inc.**  
**PO BOX 3601**  
**Kill Devil Hills**  
**NC 27948**

I would like to bring my family member  
and take advantage of the on-site  
respite care: \_\_\_\_\_

I will have my cell phone—the num-  
ber is: \_\_\_\_\_

Anything important that we should  
know about your loved one? \_\_\_\_\_

\_\_\_\_\_

## Five easy steps for Person Centered Care

### Learn these steps to Person Centered Care !

First: Understand Dementia

Second: Know the Person

Third: Design the Program

Fourth: Map the Action Plan

Fifth: Know how to Engage

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### Discipline/ Roles:

Person Living with Dementia: \_

Family Caregiver: \_

Community Friend: \_

Church Outreach: \_

Student: \_

Speech Therapist: \_

Physical Therapist: \_

Occupational Therapist: \_

Recreational Therapist: \_

Public Health: \_

Social Work: \_

Nursing: \_

Homecare Worker: \_

Senior Center: \_

Senior Tar Heel Rep: \_

## Schedule



<b>9:30 –10:00</b>	REGISTRATATION
<b>10:00</b>	Welcome Olivia Jones
<b>10:15 11:30</b>	What is Dementia? Alida Lionaz Weston
<b>11:30—12:15</b>	Roundtable of Services and Programs
<b>12:15—1:00</b>	Lunch –visit roundtable services
<b>1:00 –2:00</b>	Person Centered Care and the Arts - Alida Lionaz Weston
<b>2:00—2:30</b>	The Arts – Overview Chris Sawin, Angelo Sonnesso & Gail Sonnesso
<b>2:30 - 2:45</b>	Art Project – provid- ed by the Dare Coun- ty Arts Council
<b>2:45– 3:00</b>	Complete art project Fill out evaluations  Thank you for coming !

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