

## Fresh Fruit Salad with Honey-Yogurt Dressing



### Ingredients

- \* 1 cup low fat vanilla yogurt
- \* 2 tablespoons honey
- \* 2 large seedless oranges, peeled, sliced, and halved
- \* 1/2 large pineapple, peeled, cored, sliced, and cut into wedges
- \* 1 apple, cored and chopped
- \* 1 ripe pear, cored and sliced into wedges
- \* 1 kiwi, peeled and sliced

### Directions

1. In a small bowl, combine the yogurt and honey. Stir well to blend ingredients.
2. Arrange fruit on plates and drizzle the honey-yogurt dressing on top.

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