# **NC STATE UNIVERSITY**

## **Rainbow Summer Rolls**

Author: The Tasty K Full recipe at: <u>http://thetastyk.com/2016/03/11/rainbow-summer-rolls/</u>

Prep Time: 15 min | Cook Time: 20 Min | Total Time: 35 Min

#### For the rolls:

- rice paper
- \* lettuce
- cucumbers
- \* carrots
- avocado
- \* papaya/ mango
- pomegranate seeds
- red cabbage

#### For the sauce:

- \* 1 Tbsp peanut butter
- \* 2 tsp soy sauce
- \* 1 garlic clove, minced
- \*  $\frac{1}{2}$  tsp Sriracha sauce
- \* 2-4 Tbsp hot water (depends on desired consistency)

### DIRECTIONS

- 1. Slice all the vegetables and fruits into thin strips/pieces about 5-6 cm long.
- 2. Take a rice paper wrapper and soak it in warm water from both sides until it softens.
- 3. Place it on a cutting board and arrange the fresh ingredients in the center of the sheet horizontally (starting with the lettuce).
- 4. Fold the rice paper over the ingredients (pushing them back) and fold the sides in towards the middle like a burrito. Roll it up firmly until the end and put aside.
- 5. After you finish the rolls you can cut them in half and place on a serving platter or in a bowl.
- 6. For the sauce, mix all ingredients together and stir until you get a creamy dip (add more water for desired consistency).

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